



GFC MEDICAL PROTOCOLS

NEW PLAYERS

1. When a new player is signed Mark Le Tissier will send contact details to Dawn Thomas who will send Medical form to player to be completed.
2. Once completed form is returned a member of the Guernsey based medical team will meet with player on a 1: 1 basis to discuss form, medical conditions and injuries.
3. At this meeting the player will be informed of the Protocol for Treatment and the Protocol for Returning to play following injuries.
4. The player will also be given information and explanation on:
 - Player responsibility to inform medical staff of any injuries
 - Player responsibility to keep medical staff updated of progress during treatment of injuries.
 - General nutrition and hydration before, during and after matches
 - Post match recovery including warm downs, cold baths, hydration and nutrition
 - Dangers of playing 5 and 7 a side football.
5. Parents of new players under 18 will also be given this information at Induction meeting and will sign on behalf of the player.